

## **HEADBAND WITH TENSION INDICATOR**

### **ABSTRACT OF THE DISCLOSURE**

A headband with a tension indicator having an elastic segment sized to fit around a wearer's head; and a non-elastic segment being smaller than and attached with the elastic segment. The non-elastic segment is sized to span a portion of the elastic segment when the elastic segment is stretched, and the non-elastic segment is larger than the portion of the elastic segment it spans when the elastic segment is not stretched. The non-elastic segment is attached with the elastic segment in such a manner that the non-elastic segment projects out from the surface of the elastic portion when the headband is not sufficiently tight, thus creating a loop which provides a visual indication that the headband needs re-tightening.

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